

Sheryl Maize Biography

Teaching Philosophy

From beginner to accomplished player, Sheryl is committed to equip each student with solid fundamentals, confidence and a practice plan for success. Sheryl helps her students develop a swing based on their natural abilities and body types. The goal is to create or enhance a swing that is "perfect" for the individual, not necessarily a search for the "Perfect Swing." Sheryl's playing and coaching experience allow her to combine solid swing mechanics with a winning mental approach to give her students a holistic approach to improving. Utilizing memorable analogies, Sheryl believes in making learning fun no matter what your age or skill level. She also understands there is more to golf than just swinging a club, you must get the ball in the hole!



She believes in helping her students set goals and is committed to help her students truly enjoy the challenge of learning and improving. You will be playing Amazing Golf in no time!



Sheryl's Golf Background

Sheryl brings a unique blend of teaching, playing and coaching experience with her to Crystal Lake Golf Club and the City of Lakeville Lesson Programs. Originally from Chicago, Sheryl's passion for golf ignited at the age of 14 when her family moved to Venice, Florida. A former Florida State High School Champion & Junior All-American, Sheryl captained the top-ranked U of Miami (FL) golf team before competing professionally on the Futures Tour. One of her greatest thrills was competing in the Rainbow Foods LPGA Classic at Rush Creek with her dad as her caddy. In 2005, Sheryl was inducted into the Venice Sports Hall of Fame in Florida.

Sheryl has been returning to Minnesota for the past 15 seasons and could be found on the lesson tee at Baker National GC, Oak Ridge CC and North Oaks GC. Since 2005, Sheryl has been teaching her Amazing Golf Schools in ICELAND each summer.

She was honored to make presentations to the Icelandic golf professionals and the country's top junior players. In 2007, Sheryl developed the first Icelandic golf instruction manual sponsored by Icelandair.

Teaching year-round, Sheryl winters in Florida as a Teaching Professional at Palm Aire CC. A former Ben Sutton Golf School Senior Instructor for 9 seasons, Sheryl is also on Peggy Kirk Bell's elite teaching staff each May during the Women's Only "Golfaris" held at Pine Needles Resort, NC (site of the '96, 2001 & 2007 US Women's Opens).

Influenced and inspired by teaching with several of the game's greatest teachers and players, Sheryl is passionate about helping her students reach their fullest potential as a golfer and a person. She is thrilled whenever she can link golf lessons with lessons for life!

Sheryl enjoys encouraging more women to play and use golf as a business tool and she is proud to serve as a national instructor for LPGA Golf Clinics for Women. In 2005, 2006 & 2008, she was honored to be one of six LPGA professionals to serve as a clinician for the American Airlines Celebrity Golf Weekend held in CA. She is also one of the nation's first certified Cardiogolf™ instructors—a unique program designed to blend proper golf swing fundamentals with a great work out.



Passionate about developing elite young players, Sheryl served as the Head Women's Golf Coach at the U of Memphis (TN) for the 2002-2003 season.

Previously, she was the Head Women's Golf Coach at Augsburg College for 2 years and an assistant for the Gophers for 2 seasons. Dedicated to juniors of all skill levels, Sheryl loves teaching and speaking at various Fellowship of Christian Athletes junior golf camps and LPGA-USGA Girls Clubs throughout the country. Because of the great impact junior golf had on her life, Sheryl is thrilled to be involved with the First Tee of Sarasota and with bringing golf into the middle schools through the Greater Sarasota Jr. Golf Association during the winters in Florida.